
Mental Health and Addictions Services in Champlain and the South- East

Update

November 2022

In March 2021, le Réseau des services de santé en français de l'Est de l'Ontario published a capacity analysis regarding French-language Mental Health and Addictions (MHA) services in the Champlain region. The recommendations from the initial report were reviewed with a specific focus on virtual services in MHA. In addition, the South-East region now being overseen by Ontario Health East, services for this region were added to the update. All recommendations highlighted in orange are new.



Western Champlain	<p>Addictions</p> <p>The following actions are recommended:</p> <p>Explore the maximisation of Renfrew Victoria Hospital's service offer for Francophones in the region.</p> <ul style="list-style-type: none"> • Identify Mackay Manor for designation of its Addictions Treatment services in a residential setting. <p>Mental Health</p> <p>The following action is recommended:</p> <p>That local authorities put accountability mechanisms in place towards Pembroke Regional Hospital to foster progress in the designation process as soon as possible. The programs to include are the following:</p> <ol style="list-style-type: none"> 1. Residential/Inpatient Programs 2. Community Clinics/Programs: <ul style="list-style-type: none"> • Counselling • ACTT • Diversion and Court Support • Crisis Intervention 3. Other Non Residential Services <ul style="list-style-type: none"> • Centralized/Coordinated Access • Case Management • Consumer Survivor/Family Initiatives <p>That Le Réseau collaborate with Ontario Health to review the partnership model being developed for the Kingston region (via the Ontario Telemedicine Network), aimed at providing mental health services in French; this model could potentially be adapted to the Western Champlain area.</p>
Ottawa	<p>Mental Health</p> <p>The following actions are recommended:</p> <ul style="list-style-type: none"> • Identify the Crisis Intervention Program at the Ottawa Hospital. • Identify the following programs offered by the Royal Ottawa Health Care Group:

	<ul style="list-style-type: none"> ○ Consumer Survivor/Family Initiatives ○ Health Promotion and Education
Eastern Champlain	There are no recommendations for this area at this time.
South-East	<p>Addictions The following action is recommended:</p> <p>That local authorities put accountability mechanisms in place towards these organizations to foster progress in the designation process as soon as possible.</p> <ul style="list-style-type: none"> • Salvation Army Harbour Light Centre <ul style="list-style-type: none"> ○ Treatment (residential) • AMHS - KFLA <ul style="list-style-type: none"> ○ Treatment (community) • Kingston Community Health Centre <ul style="list-style-type: none"> ○ Case management (community) <p>Mental Health The following action is recommended:</p> <p>That local authorities put accountability mechanisms in place towards these organizations to foster progress in the designation process as soon as possible.</p> <ul style="list-style-type: none"> • Addictions & Mental Health Services - Kingston, Frontenac, Lennox & Addington <ul style="list-style-type: none"> ○ Residential/Inpatient Programs ○ Crisis Intervention (community) ○ ACTT (community) ○ Diversion and Court Support (community) ○ Counselling (community) ○ Centralized/Coordinated Access (other non-residential programs) ○ Case management (other non-residential programs)

	<ul style="list-style-type: none"> ○ Peer support program (other non-residential programs) ● Providence Care <ul style="list-style-type: none"> ○ Residential/Inpatient Programs ○ Counselling (community) ○ Case management (other non-residential programs) ○ Peer support program (other non-residential programs) ● Kingston Health Sciences Centre <ul style="list-style-type: none"> ○ Counselling (community) ● Peer Support South East Ontario <ul style="list-style-type: none"> ○ Peer support program (other non-residential programs) ● Salvation Army Harbour Light Centre <ul style="list-style-type: none"> ○ Residential/Inpatient Programs <p>Virtual Services The following action is recommended:</p> <p>Ongoing discussions with Montfort Hospital and AMHS-KFLA to optimize available resources for Francophones.</p>
Global Recommendations	<ul style="list-style-type: none"> ● Virtual MHA services are growing in popularity. It is recommended that the needs of Francophones be considered with each step of the development and implementation of these tools, with both telemedicine systems and virtual applications. ● In order to obtain an integral view of MHA services, it is recommended that the current work be continued with agencies outside of the scope of this analysis, in order to truly identify any gaps in service. <hr/> <ul style="list-style-type: none"> ● All recommendations regarding in-person services outlined in the initial report remain relevant; access to services in French should be prioritized in the mental health and addictions sector.